

2018-19

S. No	Name of Activity	Date	Report	Photograph
1	50 hrs Devoted to Swachhta in Village Jandusinga	31 July 2018	<p>NSS volunteers devoted 50 hrs to Swachhta during Summer Internship Camp. NSS volunteers worked in the village Jandusinga in their summer vacation and created consciousness regarding cleanliness among the villagers. Nodal officer and volunteers went from door to door to create awareness regarding diseases and preventive measures. Students cleaned roads, public places, planted trees and gifted planters and dustbins also.</p> <p>Teachers involved-1, Students involved-24 Collaborating agency-NSS Beneficiaries of activity-Village Jandu Singa</p>	
2	Swachhta Jagrukta Programme	1 October 2018	<p>Maharishi Kalidas Dramatics Club performed Nukkad Natak on 'Swachhta Abhiyaan' organized by District Administration Jalandhar at Guru Gobind Singh Stadium. The Nukkad Natak covered the various social issues of society especially cleanliness. IAS Sh. Varinder Kumar Sharma, Deputy Commissioner and other dignitaries congratulated the team and appreciated their performance.</p> <p>Teachers involved-1, Students involved-12 Collaborating agency- Maharishi Kalidas Dramatics Club Beneficiaries of activity- Adjoining Community</p>	

3	Capacity Building of Safai Karamcharis of Municipal Corporation	3 October 2018	<p>Jashn-e-Hunar- a capacity building programme of Safai Karamcharis under Swachh Survekshan 2019 in collaboration with College Innovation Cell was organized by Municipal Corporation Jalandhar at Company Bagh, Jalandhar.</p> <p>Teachers involved–3, Students involved–26 Collaborating agency-Innovation Cell with Municipal Corporation, Jalandhar Beneficiaries of activity-Safai Karamcharis of Jalandhar</p>	
4	Awareness Programme on Prevention of Drug Abuse	28 September 2018	<p>NCC unit organized an awareness programme on Prevention of Drug Abuse. On this occasion, Col. Jasbir Singh from 2 Punjab Girls Battalion, NCC Jalandhar and Dr. Manoj Kumar Sharma, Asstt. Prof. in Law at Rajiv Gandhi National University of Law, Patiala enlightened the NCC Cadets about the drug abuse and its harmful effects.</p> <p>Teachers involved–2, Students involved–43 Collaborating agency-2 Punjab Girls Battalion Beneficiaries of activity –NCC cadets and Society</p>	

5	Awareness Campaign against Burning of the Paddy	14 October 2018	<p>Under Unnat Bharat Abhiyan, a campaign was started by the college in collaboration with District Administration at Gillan village to prevent stubble burning by the farmers. Additional Commissioner, Development Sh. Jatinder Jorwal, IAS appreciated the efforts taken by the college and village Panchayat to curb stubble burning. Various MNREGA schemes for farmers were also shared..</p> <p>Teachers involved–1, Students involved–22 Collaborating agency-UBA team and Gram Panchyat of village Gillan Beneficiaries of activity-Farmers of Gillan Village and Society</p>	
6	AIDS Awareness Programme	2 December 2018	<p>World AIDS Awareness Day was celebrated by Red Ribbon Club. Students of different colleges participated in Poster Making competition regarding AIDS awareness. They expressed their ideas through slogans and posters about causes, effects and precautions of AIDS. Around 45 students participated in this activity.</p> <p>Teachers involved–2, Students involved–15 Collaborating agency-Red Ribbon Club Beneficiaries of activity-Students and Community</p>	

7	Meetings with Gram Panchayat for Village Welfare Activities	20 July 2018	<p>College adopted five villages under Unnat Bharat Abhiyan -MHRD and started a campaign to uplift the villages. A meeting with the Panchayat members of the adopted villages – Dhaliwal, Lamba Pind, Tajpur, Gillan and Khambra was organized. Major problems of villages were highlighted. Panchyat members assured that the mission of shaping a village into model village will be accomplished soon and major problems of villages will be solved on the urgent basis.</p> <p>Teachers involved-1, Students involved-37 Collaborating agency-UBA team and Gram Panchyats Beneficiaries of activity-5 villages</p>	
8	Tree Plantation	3 August 2018	<p>Tree Plantation was done by NCC in collaboration with 01 PB Air Sqn NCC under the guidance of JWO J Chaturvedi and Sgt. Manish Kumar (01 PB Air Sqn NCC Jalto), NCC cadets planted trees outside the college campus to build up community spirit and unity and also educate the communities about the benefits of trees and nature</p> <p>Teachers involved-3,Students involved-25 Collaborating agency-01 PB Air Sqn NCC Beneficiaries of activity-Adjoining Community</p>	

9	Helping Hands to Senior Citizens	20 August 2018	<p>The Holistic Development Cell of the college honoured senior citizens in collaboration with an NGO Trust Udaan Zindagi Ki along with 92.7 Big FM. A play depicting the problem of old people was also staged.</p> <p>Teachers involved-5, Students involved-31 Collaborating agency-NGO Trust Udaan Zindagi Ki Beneficiaries of activity- Senior Citizens</p>	 <p>हसरतज महिला महाविद्यालय में मनाया गया वारिष्ठ नागरिक दिवस</p> <p>दुखसूचक नर्तकद्वारा नर्तकद्वारा...</p> <p>पंकज मेहता, प्रि. सुरिन्दर महाजन के विशेष प्रयासों से किया गया। मुख्यातिथि श्रीमती जसनीर सोहर एवं आर्केट महाजन, पवन, कर्नल मनमोहन सिंह, सेफिटीयट जखनल जेएन थिगा, श्रीमती हर्ष गुप्ता व श्रीमती नीरू जैरथ समारोह में उपस्थित रहे। इस अवसर पर सोनियर सिटीजन एसएन शर्मा ने गीत प्रस्तुत कर सम्मान प्राप्त किया। सोनियर सिटीजन की मांडलिंग भी मुख्य आकर्षण रही। पंजाबी गायक मास्टर सलीम विशेष रूप से उपस्थित रहे एवं अपने गीतों से गणमान्यों का मनोरंजन किया। इस दौरान सोनियर सिटीजन की समस्याओं पर आधारित एक नाटक का मंचन भी किया गया। नाटक के पात्रों को भी विशेष रूप से सम्मानित किया गया। वृद्ध आश्रम के वरिष्ठ जनों को भी विशेष उपहार भेंटकर सम्मानित किया गया। इस अवसर पर सैल के इंचार्ज श्रीमती कुलजीत कौर भी उपस्थित रही।</p> <p>20 अगस्त - 26 अगस्त 2018</p> <p>एजुकेशन प्लस विज्ञानेस एनकाउन्टर</p>
10	Developmental and Reformative Programmes in Khambra village	25 August 2018	<p>Adopting a multidimensional approach, the UBA team joined hands with the Police Commissionerratte and District Administration to start various developmental and reformative programmes in Khambra village. A gathering at Senior Secondary School Khambra was organized. The gathering included Police Commissioner Mr. Parveen Sinha, DAPO's and NHRCS of the village Khambra, ADC Development Mr. Jitendra Jorwal, BDO Mr. Mahesh and Panchayat Secretary Mr. Charanjeet Singh. The Unnat Bharat Team conducted a household survey of some houses of the village. They carried out a rally against the drug abuse. The guests planted 100 trees.</p> <p>Teachers involved-2, Students involved-64 Collaborating agency-Team UBA with Police & District Administration Beneficiaries of activity-Khambra village</p>	

11	Campaign Eradication of Drug Abuse	15 August 2018	<p>Students participated in Tu Mera Buddy program-a Punjab Govt. Scheme to tackle the menace of drug addiction at the grassroots level. Students created awareness regarding drug de-addiction. District administration appreciated the efforts and honoured college Principal on Independence Day-2018.</p> <p>Teachers involved-1, Students involved-25 Collaborating agency-Innovation Cell, District and Police Administration Beneficiaries of activity-Village Society</p>	
12	Tandarust Punjab : Health Awareness campaign	15 August 2018	<p>NSS volunteers participated in Tandarust Punjab Mission and created awareness for the same. NSS volunteers conducted rally to create awareness. They were awarded best contingent during Independence Day celebrations.</p> <p>Teachers involved-1, Students involved-43 Collaborating agency- NSS Unit with District Administration, Jalandhar Beneficiaries of activity-Adjoining Community</p>	
13	Relief to Kerala Flood Victims	6 September 2018	<p>College joined hands with the NGO Shakti Foundation to send relief to Kerala flood victims. College has always supported the social work programmes and wanted to do its best to assist the flood affected people in rebuilding their lives.</p> <p>Teachers involved-10, Students involved-136 Collaborating agency-NSS with NGO Shakti Foundation Beneficiaries of activity-Kerala Flood victims</p>	<div data-bbox="1701 1019 1956 1060" data-label="Section-Header"> <p>HMV lends a helping hand to Kerala</p> </div> <div data-bbox="1701 1060 1956 1138" data-label="Image">  </div> <div data-bbox="1701 1138 1956 1377" data-label="Text"> <p>JALANDHAR: Under the able guidance and motivation of Principal Prof. Dr. Ajay Sareen, Hans Raj Mahila Mahila Vidyalyaya joined hands with the NGO Shakti Foundation to send relief to Kerala Flood victims who have witnessed their worst damage. On this occasion, Principal Dr. Sareen said that HMV has always supported the social work programmes and wanted to do its bit to assist the flood affected people in rebuilding their lives. Bed sheets, sanitary napkins, sarees, clothing were collected by the staff of HMV and students and sent to Kerala. NSS Programme Officer Dr. Anjana Bhatia said that we hope that our little help will strengthen the rehabilitation effort in Kerala. School Coordinator, Meenakshi Syal also motivated the HMV Collegiate School staff and students to contribute to the cause.</p> </div> <div data-bbox="1983 1019 2521 1149" data-label="Complex-Block">  </div> <div data-bbox="1983 1149 2521 1279" data-label="Complex-Block"> <p>PAGE 5 NEWS AT A GLANCE</p> </div>

14	Awareness Rally Regarding Paddy Burning	21 October 2018	<p>Red Ribbon Club and NSS volunteers participated in awareness rally organized in collaboration Youth Services Punjab in the city. Students created awareness regarding paddy burning, garbage, tree plantation, water pollution and save water, organic farming etc.</p> <p>Teachers involved-3, Students involved-83 Collaborating agency-NSS with Youth Services, Punjab Beneficiaries of activity-Adjoining Community</p>	<p>एच.एम.वी. की छात्राओं ने वातावरण बचाओ रैली निकाली</p>  <p>वातावरण के प्रति निकाली रैली में हिस्सा लेती कुलजीत कौर अटवाल, बीना अरोड़ा, प्राचार्या डा. अजय सरिन व छात्राएं। (संदीपा)</p> <p>जालंधर, 21 अक्टूबर (कृष्ण): वृक्ष लगाने, पराली न जलाने, पानी बचाने, कूड़े को सही जगह पर फेंकने, रिबन क्लब और एन.एस.एस. विभाग की ओर से प्राचार्या डा. अजय सरिन के दिशा-निर्देश में सहायक डॉक्टर युथ सर्विसेज पंजाब की ओर से वातावरण बचाओ रैली निकाली गई। इस रैली में वातावरण बचाने के लिए ए.डी.सी. परमजीत सिंह विशेष तौर पर उपस्थित हुए और उन्होंने छात्राओं को अपना फर्ज पहचानने के लिए कहा। प्राचार्या डा. अजय सरिन ने छात्राओं को वातावरण प्रति जागरूक होने के लिए कहा और अपने घर, समाज में स्वच्छ और तंदुरुस्त भारत के लिए प्रेरणा दी। यहां यह बर्णना है कि इस रैली में 60 के लगभग छात्राओं ने भाग लिया। इस अवसर पर रैड रिबन क्लब के को-ऑर्डिनेटर कुलजीत कौर अटवाल, एन.एस.एस. को-ऑर्डिनेटर बीना अरोड़ा, डा. अंजना भाटिया, विन्दु कोहली और सुशी हरमनपाल भी उपस्थित थे।</p> <p>Mon, 22 October 2018</p>
15	Free Medical Camp at Village Gakhla	28 December 2018	<p>NSS volunteers organized a medical camp for the villagers of Gakhla village. Dr. Aarti, Medial Officer of the college and NSS volunteers conducted the free camp at the village in which the diseases like blood pressure, blood sugar, muscular problems of the villagers were diagnosed. The villagers were given free medical advice and treatment suggestions.</p> <p>Teachers involved-2, Students involved-28 Collaborating agency-NSS with Gram Panchayat of Village Gakhla Beneficiaries of activity-Residents of Gakhla Village</p>	

16	Capacity building programmes for women	6 October 2018	<p>College started campus chapter with All Ladies League (ALL), an international women chamber under Women Studies and Gender Sensitization Cell. Ms. Leena Chabhra Chairperson, All Ladies League Jalandhar was the resource person of the event. She said that they wanted to join hands with women of substance and bring about a positive change in the society by providing a business platform to students and ladies of Self Help Groups. Sharing about the organization, Leena Chabhra Chairperson, All Ladies League Jalandhar said that All Ladies League is a global movement for the welfare, wealth and wellbeing of all by empowering women's leadership at all levels.</p> <p>Teachers involved–6, Students involved–34 Collaborating agency–Women Empowerment Cell with ALL Beneficiaries of activity–Women</p>	
17	Campaign to strengthen sisterhood amongst women: Rakhi Sakhi	24 August 2018	<p>The Innovation Cell and Women Empowerment Cell exhibited organic Rakhis made by the students in collaboration with tribal women of Madhya Pradesh and Maharashtra. On this occasion, Mrs Aashika Jain, Joint Commissioner Municipal Corporation was the Chief Guest. She tied Rakhi to Principal giving the message that the girls have to stand up for themselves and for each other if we wish to create an egalitarian society. The students took a pledge to stand by each other in all times. The event was organized to strengthen the credo that apart from physical protection, emotional support can prevent many unpleasant life situations.</p> <p>Teachers involved–2, Students involved–109 Collaborating agency–Innovation Cell with Municipal Corporation Beneficiaries of activity–Adjoining Community</p>	

18 Planting First Food Forest of the Region: Atulya Vatika 13 October 2018

Students of the college converted the garbage dump outside the college into first food forest of the region and named it as 'Atulya Vatika'. Sh. Santokh Singh Chaudhary, Member Parliament and Mr. Himanshu Jain, IAS inaugurated the First Food Forest of the region outside the college. Along with guests, faculty members and students of the college planted trees. It was the joint venture of the college, Jalandhar Administration and Forest Department. 460 saplings of Mango, Lemon, Amla, Moringa and Papaya were sown. Chaudhary Santokh Singh, Member Parliament congratulated and appreciated the initiative by saying that this should be replicated at multiple places in the city if we want to make Jalandhar a smart city.

Teachers involved-4, Students involved-61
 Collaborating agency- Innovation Cell with Deptt of Forest and Wildlife Preservation
 Beneficiaries of activity-Adjoining Community

'द फर्स्ट फूड फॉरेस्ट ऑफ रिजन' - 'अतुल्य वाटिका' का हुआ शुभारम्भ

छात्राओं ने लगाए नीम, बेल, आम के 460 पौधे



'अतुल्य वाटिका' का शुभारम्भ करते सांसद संतोख सिंह चौधरी, आई.ए.एस. हिमांशु जैन के साथ प्रि. डा. अजय सरिन, पार्षद महिन्द्र सिंह गुल्लू, पार्षद गुरविन्द सिंह बंटी व अन्य गण्यमान्य। (ज्यूर)

जालंधर, 14 अक्टूबर (विनीत) : हंसराज महिला महाविद्यालय के इनोवेशन सेल द्वारा तैयार की गई 'अतुल्य वाटिका' (द फर्स्ट फूड फॉरेस्ट ऑफ रिजन) का शुभारम्भ सांसद संतोख सिंह चौधरी और आई.ए.एस. हिमांशु जैन ने किया। प्रिन्सीपल डा. अजय सरिन ने सभी अतिथियों का स्वागत करते हुए बताया कि 'अतुल्य वाटिका' शहर का पहला इनोवेटिव प्रोजेक्ट है जिसमें कॉलेज की छात्राओं ने नीम, बेल, आम, नींबू और अमरूद के 460 पौधे लगाकर उनकी देखभाल का जिम्मा भी उठाया। सांसद चौधरी और श्री जैन ने छात्राओं के इस प्रयास की भरपूर सराहना की तथा सभी को पर्यावरण की सुरक्षा के लिए अधिक से अधिक पौधारोपण करने का संदेश दिया। चौधरी ने कहा कि जल्द ही जालंधर को 'ग्रीन एंड क्लीन सिटी' बनाने की ओर कार्य किए जाएंगे। इस दौरान डी.एम.ओ. बरिन्द्र खैहरा, वन रेंज अफसर जीवन जसवाल, पार्षद महिन्द्र सिंह गुल्लू, पार्षद गुरविन्द सिंह बंटी, प्रीतइंद्र कौर हिल्लो, सरपंच रघुवीर सिंह गिल, शर्मा शर्मा, उर्वशी, लखवीन कौर, विधु चौधरी, रमनदीप कौर, जतिन्द्र, डा. सुरिन्द्र, अमरजीत खन्ना, पंकज ज्योति, रमन बहल, लखविन्द सिंह, रवि मैनी, तरुण महाजन, हरवीर सिंह व सेल की डीन डा. रमनीता सेनी शारदा भी मौजूद थीं।

पंजाब केसरी Mon, 15 October 2018
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 12 October 2018

19 Campaign to reduce pollution: Green Diwali 27 October 2018

Green Diwali was celebrated by NSS volunteers and Innovation Cell in collaboration with District Administration. Deputy Commissioner of Jalandhar Sh. Varinder Kumar, IAS flagged off an awareness rally organized by NSS volunteers of the college. The objective of the rally was to create awareness regarding harmful effects caused by crackers. The student raised slogans to check air pollution caused by crackers and also to give a message of responsibility towards the environment and human health to the society. On this occasion Dy. Commissioner Sh. Varinder Kumar said that this is an excellent initiative taken by the college. A pledge was taken to reduce pollution during Diwali. This pledge as designed in the college was then undertaken by lakhs of students throughout the district.

एचएमवी में मनाई गई ग्रीन दीवाली



जालंधर/एस सदा
 हंसराज महिला महाविद्यालय ने अपनी परंपरा को आगे बढ़ाते हुए ग्रीन दीवाली-करुणा का दीपक जलाए व इसे जलने दें, के संदेश से पटाखों रहित दीवाली मनाने का संदेश दिया। कॉलेज प्रिन्सीपल डा. अजय सरिन के अध्यक्षता में करवाए इस प्रोग्राम में मुख्य अतिथि के रूप में डिप्टी कमिश्नर हरिन्द कुमार शर्मा अहर्हण्डस उपस्थित हुए। इस मौके पर बरिन्द्र कुमार शर्मा कॉलेज द्वारा ली गई उत्कृष्ट ग्रीन दीवाली के इस कंसैट को अपनाते हुए पटाखों न चलाने की उन्होंने अपील की। प्रिन्सीपल डॉ. अजय सरिन ने कहा कि यह मुहिम कॉलेज ने पिछले साल शुरू की जिसका काफी अच्छे रिस्पॉंस रहा है। डीएवी मैनेजिंग कमेटी की तरफ से दीवाली की शुभकामनाएं दी गईं।

पंजाब केसरी Mon, 29 October 2018
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24	Registration of new voters: National Voters Day	25 January 2019	<p>The 9th National Voters' Day was successfully celebrated in collaboration with District Election Office, Jalandhar. Registraton of new voters was carried out. District Election Office, Sh. Varinder Kumar Sharma, IAS shared the information about VV Pad voter machine, voter helpline number 1950 and voter awareness mobile van.</p> <p>Teachers involved–6, Students involved–236 Collaborating agency-District Election Office Beneficiaries of activity- New voters of Dist. Jalandhar</p>	
25	Blood Donation Camp	1 March 2019	<p>Red Ribbon Club, Red Cross Society and NSS organized Blood Donation Camp in collaboration with NGO PAHAL. Around 62 students donated blood in this camp. President of NGO PAHAL, Mr. Lakhbir Singh motivated the students to participate in these kinds of blood donation camp with full zeal and enthusiasm. On this occasion, Co-Director of Youth Service Deptt. Mr. Gurkaran Singh and Mr. Sarvan Singh were also present. The faculty members of the college also donated blood.</p> <p>Teachers involved–7, Students involved–47 Collaborating agency- Red Ribbon Club, Red Cross Society and NSS with NGO PAHAL Beneficiaries of activity- Needy Patients</p>	

26	Voting Awareness Campaign	18 February 2018	<p>Voting Awareness Campaign was organized by College in collaboration with Akhil Bhartiya Vidyarthi Parishad. On this occasion, Chiranju Ratan, State Secretary ABVP, Vikrant Khandelwal, Zonal Secretary ABVP, Ashwani Sharma, President ABVP, Jalandhar were the chief guests. The programme began with lighting of lamp and the silence of two minutes was observed for the martyrs of Pulwana attack. The students presented Nukkad Natak on the importance of voting.</p> <p>Teachers involved–3, Students involved–53 Collaborating agency-Akhil Bhartiya Vidyarthi Parishad Beneficiaries of activity- Students of various colleges</p>	
27	Water Conservation Campaign	22 March 2019	<p>Student Council and Multimedia Club organized water awareness campaign in collaboration with NSS. Various Inter-class competitions like paper presentation, poetry recitation, slogan writing, poster making, logo designing and photography on the theme 'Water is Life-Save it' were organized. After this, students held a rally outside college and promoted water awareness.</p> <p>Teachers involved–3, Students involved–61 Collaborating agency-NSS Beneficiaries of activity-Adjoining Community</p>	

28	Voters Awareness Program	03 May 2019	<p>Voters awareness program was organized by NSS in collaboration with District Administration . The motive of this program was to aware the students of different colleges who are above 18 years to cast their vote. The students of the age 18 or above 18 who had yet not made their voter cards were made aware to do it timely. They were given information about the online portal 'nvsp.in' where they can get registered and get the voter cards made.</p> <p>Teachers involved–3, Students involved–95 Collaborating agency-District Election Office Beneficiaries of activity-Students of different institutions</p>	<h2 style="text-align: center;">विद्यार्थियों से की वोट करने की अपील</h2> <div style="display: flex; justify-content: space-between;"> <div style="width: 60%;"> <p>जागरण संवाददाता, जालंधर: चुनाव आब्जर्वर आई सेमुअल आनंद कुमार, खर्च आव्जर्वर अमित शुक्ला, डीसी वरिंटर शर्मा, सीपी गुरप्रीत सिंह भुल्लर, एसएसपी नवजोत सिंह माहल, लोक गायक मास्टर सलीम, वालीवुड गायक सिमर कौर व आरजे पक-पक दीपक ने मिलकर युवाओं को आने वाले लोकसभा चुनाव में अधिक से अधिक मताधिकार का इस्तेमाल करने की अपील की। उक्त सभी गणमान्य एचएमवी में युवाओं को वोटों के लिए उत्साहित करने के उद्देश्य से एक समागम में शिरकत करने आए थे। इस अवसर पर एचएमवी की प्रिंसिपल डा. अजय सरौन ने गणमान्यों का स्वागत किया। इस मौके पर एडीसी कुलवंत सिंह, जसवीर सिंह, एसडीएम परमवीर सिंह, संजीव शर्मा, सचिव आरटीए डा. नयन जस्सल, संयुक्त कमिश्नर नगर निगम आशिका जैन और सहायक स्वीप कोआर्डिनेटर सुरजोत लाल मौजूद थे।</p> </div> <div style="width: 35%; text-align: center;">  </div> </div>
29	Joy of giving: Donation Camp	6 January 2018	<p>The NSS volunteers visited Apahaj Ashram on 6 January 2018 to give necessary daily goods to the physically challenged. The volunteers spent their day with the residents of Ashram and distributed eatables and clothes to them. The students also performed Group Dance, Folk Songs with them. Their message was that all the people in this world are equal.</p> <p>Teachers involved–1, Students involved–55 Collaborating agency-NSS with Apahaj Ashram Beneficiaries of activity-Physically Challenged residents of Apahaj Ashram</p>	

30	Integrated Meditation Programme	5 February 2019	<p>The NSS Unit organized a one day workshop on 'Integrated Meditation' in collaboration with 'Amrita Vidyapeeth, Kerala'. Mr. Narinder Anand and Ms. Shweta addressed the students and gave them knowledge about various Yoga exercises and Meditation. Two students of the college also attended Youth Camp at Amrita Vidyapeeth, Kerala.</p> <p>Teachers involved-1, Students involved-85 Collaborating agency-NSS with Amrita Vidyapeeth, Kerala Beneficiaries of activity- NSS Volunteers</p>	
31	Parakarm Parv : to mark the second anniversary of the Indian Army's surgical	4 October 2018	<p>NCC Army Wing observed the Parakarm Parv with great fervour to mark the second anniversary (which fell on 29 September) of Indian Army's surgical strike by holding a rally outside college in collaboration with 2 Punjab Girls Battalion. 44 students and 5 teachers participated in the a rally to honour the sacrifice of our brave soldiers. The students were encouraged to join the army and serve the nation.</p> <p>Teachers involved-5, Students involved-44 Collaborating agency-NCC with 2 Punjab Girls Battalion Beneficiaries of activity-NCC Cadets</p>	

32	NCC Camp	19 July 2018	<p>The NCC Cadets participated in Combined Annual Training Camp (CATC) held at Jalandhar. In this CATC camp, 19 Army Wing cadets of college participated. During camp cadets participated in different activities like cleanliness of roads, water save campaign, and save girl child.</p> <p>Teachers involved–1, Students involved–19 Collaborating agency-NCC with 2 Punjab Girls Battalion Beneficiaries of activity-NCC Cadets</p>	
33	Inspire Internship Science Camp	24 July 2018	<p>The 5th edition of INSPIRE camp was organized in the college. More than 200 students from different schools participated in the camp. This camp inculcated research aptitude among the students. The theme of camp was 'Learning to spin the wheel of Science.'</p> <p>Teachers involved–14, Students involved–57 students of the college and 200 others from various schools Collaborating agency-Department of Science and Technology, Govt. of India. Beneficiaries of activity-Students of different schools of Punjab</p>	

34 Voters Awareness Rally 29 April 2019 Political Science Department organized Voters Awareness Rally under SVEEP Campaign in collaboration with District Election Office. The students and faculty members of Political Science Department held a rally outside the college and made an appeal to the public to cast their votes. Around 145 students enthusiastically participated in the rally.

Teachers involved-3, Students involved-145
Collaborating agency-District Election Office
Beneficiaries of activity-Adjoining Community



35 Improve the Quality of Education in Govt. Schools 24 July 2018 to 07 September 2018

NSS volunteers of the college launched a special drive to coach the students of Government Primary School, Gandhi Camp in Jalandhar. NSS volunteers of college worked as teachers in their adopted school for one hour everyday to bridge the educational gap of primary students. It was a unique endeavor to improve the quality of education. During the program the volunteers apart of improving quality of education also helped the students to enhance their extra co-curricular activities. Volunteers also conducted handwriting & essay writing competitions. The activity was performed in collaboration with District Administration and NGO Pratham. Marked improvement was seen in the primary students after the efforts put in by the students.

Teachers involved-1, Students involved-20
Collaborating agency-District Administration, NGO Pratham
Beneficiaries of activity-Students of govt. schools of Jalandhar

गांधी कैम्प के सरकारी प्राइमरी स्कूल में मैथ, साइंस व अंग्रेजी विषय को करेंगी इम्पूट प्राइमरी स्कूल में टीचर बन ज्ञान की रोशनी भरेंगी एचएमवी की छात्राएं

जालंधर, 25 जुलाई 2018 दैनिक जागरण 5

36	Survey to Provide Annual Estimate of Children's Schooling Status	4-6 November 2018	<p>NSS unit of college participate in ASER (Annual Status of Education Report) survey to provide annual estimate of children's schooling status and basic learning levels for each district of India. 60 enthusiastic, resilient and dedicated volunteers in collaboration with Pratham NGO went for a call-to-action field survey in 19 villages of Kapurthala. The survey aimed at promoting education in rural areas turned out to be a gratifying and learning experience for the volunteers as they actively went from village to village and took part in the largest household survey undertaken in India outside government. Their findings were published in ASER 2019 and their efforts were appreciated in JANuary, 2019.</p> <p>Teachers involved-15, Students involved-60 Collaborating agency-NSS with Pratham NGO Beneficiaries of activity-Villages of Kapurthala</p>	
37	Sadbhavna March	21 February 2019	<p>NSS unit of college paid tribute to martyrs of Pulwama attack by holding Sadbhavana March in city in collaboration with Punjabi Jagran to supports families of martyrs. The Local Committee of college took decision to provide free education to the girls of these families. The staff members of the college appreciated this initiative and paid their tribute to the martyrs.</p> <p>Teachers involved-3, Students involved-98 Collaborating agency-NSS with Punjabi Jagran Beneficiaries of activity-Adjoining Community</p>	

38	Inspire Internship Science Camp	15 January 2018	<p>4th DST Inspire Internship Science Camp was organized in college. The theme of the camp was 'Water Conservation'. The main purpose of the camp was to encourage students to make their career in Science. Parallel practical sessions were conducted by the Departments of Biology, Chemistry, Physics and Biotechnology. In this camp, about 200 students of various districts of Punjab participated.</p> <p>Teachers involved-7, Students involved-67 students of our college Collaborating agency- Department of Science and Technology, Govt. of India Beneficiaries of activity-200 students of various districts of Punjab</p>	
39	Seven Day NSS Special Social Service Camp	17 to 23 December 2018	<p>A Seven Day NSS camp was organized in collaboration with village Gakhal. The NSS volunteers enthusiastically participated in social welfare activities and also presented a nukkad natak to make the villagers aware about the cleanliness of surroundings.</p> <p>Teachers involved-5, Students involved-106 Collaborating agency-NSS with Gram Panchayat of Gakhal Village Beneficiaries of activity-Gakhal Villagers</p>	

40	Skill Enhancement Session for Senior Citizens	5 December 2018	<p>PG Department of Computer Science and IT organized a Special Skill Based Computer Workshop for Senior Citizens. The workshop was a great success and a positive venture. Total 25 senior citizens participated in this workshop. The main objective of the workshop was to make senior citizens IT savvy and provide them knowledge about technology and digitization. Main topics covered in the workshop were MS-Word, E-mail handling, Online ticket booking, Digital Transactions and Money Transferring. All the members participated with great enthusiasm and learnt a lot about latest technologies. At the concluding day all the participants were awarded with certificates for their successful participation.</p> <p>Teachers involved-5,Students involved-21 Collaborating agency-Computer and IT Department Beneficiaries of activity-25 senior citizens</p>	
41	Tree Plantation in Villages	19August 2018	<p>Under Unnat Bharat Abhiyan mission, UBA team in collaboration with District Administration planted 100 saplings of Neem, Amla, Arjun, Babool, Tulsi and Triveni in villages Tajpur and Bhagwanpur. Main guest was ADC Rural Development Mr. Jitendra Jorwal, IAS.</p> <p>Teachers involved-1,Students involved-15 Collaborating agency-Team UBA with Gram Panchayat Beneficiaries of activity-Villages Tajpur and Bhagwanpur</p>	
42	Voter Awareness Campaign	1 May 2019	<p>Voter Awareness Campaign was organised by NSS unit of the college in collaboration with district administration .The Chief guest of the occasion Mr. Jasbir Singh ADC .The students formed a human chain outside college and prepared a splendid rangoli on SVEEP in order to</p>	

			<p>spread a wave of awareness. During this campaign the students encouraging to cast their votes. Mr. Jasbir Singh urged the young voters to use their voting right and contribute in the democratic set up of the country. The gathering took an oath to cast their votes honestly and unprejudiced.</p> <p>Teachers involved–3,Students involved-116 Collaborating agency-District Administration Beneficiaries of activity-Adjoining Community</p>	
43	International Yoga Day	21 June 2019	<p>International Yoga Day was celebrated in the premises of college with great enthusiasm in collaboration with 2 Punjab Girls Batallion, NCC Jalandhar. Under the guidance of Commanding Officer Col. Jasbir Singh & Adm. Officer Major Viji, the Yoga asans were practised by Lt. Keemti. 550 students from different institutions participated energetically in the Yoga Camp. College had been selected as Nodal Centre for Yoga by 2nd Punjab Girls Batallion, Jalandhar.</p> <p>Teachers involved–12, Students involved–95 students of the college Collaborating agency-NCC with 2 Punjab Girls Batallion Beneficiaries of activity- 550 Students from different institutions</p>	

44	Hands-on-Training Workshop for Non-Teaching Staff	1 May 2018	<p>DDU Kaushal Kendra of college organised a one day Hands-on-Training Workshop on modern office Practices (MOP) for Non-Teaching staff members of various colleges. It was the first of its kind initiative taken by team KAUSHAL and IQAC of the college for non-teaching staff members. The main objective of this programme was to update new skills with IT tools. The resource person, Ms. Neetu Bhardwaj from 3D Zone told the participants about Corel Draw, Graphics, Vectors and tools. She gave development session of visiting cards, letter heads, basic brochures etc. Ms. Sonia Mahendru, Ms. Rani Chandi, Ms. Sakshi told about MS Office including MS word, MS Excel, PPT & all basic formatting, Mr. Ashish & Mr. Rishabh Dhir told about Leave Management System & Mobile Applications. Total 46 non-teaching members from various colleges participated in the workshop.</p> <p>Teachers involved–2, Students involved–10</p> <p>Collaborating agency-Team DDU-KAUSHAL Kendra with IQAC of the College</p> <p>Beneficiaries of activity-46 non-teaching members from various colleges</p>	
45	Military Hospital Camp	9 to 20 July 2018	<p>Army wing cadets Ritika and Supriya of the college attended ‘Military Hospital Camp’ at Jalandhar Cantt from July 9, 2018 to July 20, 2018. During this camp, the cadets participated in different campaigns like Swacchta, First Aid training etc. NCC cadets helped the hospital staff in taking care of the patients. Cadet Supriya scored second position in the written test conducted on the last day of the camp.</p> <p>Students involved–2</p>	

			<p>Collaborating agency-NCC with 2 PB Girls Battalion</p> <p>Beneficiaries of activity- Patients of Military Hospital and NCC Cadets</p>	
46	Aayekar Jyoti Rally	22 July 2018	<p>The students of PG Department of Commerce and Management along with their teacher participated in Income Tax awareness rally in collaboration with Income Tax Department, Jalandhar. Mr. Dalip Singh Rana (The Great Khali) inaugurated the Aayekar Jyoti Rally. This rally was organised to aware the public about paying income tax. Students participated with full enthusiasm and raised slogans like 'Income Tax Pay Karo, Desh Ki Sewa Karo', 'Vandey Matram'</p> <p>Teachers involved-1, Students involved-52</p> <p>Collaborating agency-Commerce Department with Income Tax Department</p> <p>Beneficiaries of activity-Income Tax Department</p>	
47	One Day Service Selection Board Training Workshop	5 March 2019	<p>NCC unit of the college conducted a One Day Service Selection Board (SSB) Training Workshop in collaboration with 2 Punjab girls Battalion. The students were given tips to crack SSB interview and developing leadership qualities. The workshop was very beneficial for cadets aspiring to join armed forces. About 200 students of other colleges including NCC cadets attended the workshop.</p> <p>Teachers involved-3, Students involved-35</p> <p>Collaborating agency-NCC with 2 Punjab Girls Battalion</p> <p>Beneficiaries of activity-Students of other colleges</p>	